

**Allegheny County Coalition for Recovery
Education Committee:
Minutes
2-21-2017**

Co-Chair(s): KP.; Tacia Brentley

Note taker: Robert Rochelle

Attendees: Sharon Ruggs; Bill Boyce; Lis Myers; Judith Wilkerson; Mustufa Alvara; Terri Winaught

Minutes: We not approved, needs to be re-done

Brief announcements: Announcements was made to the committee to pick one person in the group to be on the Grievance committee.

Agenda Item: WIN submissions

Committee Goal Being Addressed: Discussion

Discussion:

Committee was asked to inquire within their agencies or other affiliations about submissions for the WIN. In an effort to help keep the WIN going and updated with current information, the committee has agreed to also seek submissions.

Agenda Item: Recovery 101

Committee Goal Being Addressed: Discussion

Discussion:

We referenced back to notes from last meeting regarding slides up to Cultrual Shift with a few clarifications.

*Regarding the Icebreakers, we will look at both K.P.'s suggested candy icebreaker and Mustafa's suggested icebreaker.

*Objectives should have a 4th point and be broken into 2 slides. Group suggested with slides you don't want a lot reading, you want enough reading

*We are going to do away with "Emergence Of Recovery" and tailor Cultrual Shift. K. P. will send his version of the shift by email.

*Cultural shift should be 2 pages:

- Changes the word "consumers"
- 2 slides with 3 point each
- Take out 3rd point on page 1

*Hope should maybe reflect personal experiences

*Kp. talked about the need for a recovery plan when being released from hospital. And goal plan.

*Non-Recovery Culture- Low Expectations /Stability maintenance are goals.

*Recovery Goals- Hopeful with high expectation. Recovery a full a life is a goal.

*Emphasis on illness , pathology medication is primary tool.

*Emphasis on person centered treatment.

Next month we will break down Guiding Principals

Action Item	Person Responsible	Target Date
Send shift power point	K. P.	03/21/17
Correction on power point	Bill Boyce	03/21/17

Next Meeting:

March 21, 2017
Mercy Behavioral Health
330 Ninth Street
12:30-2:00