

**Allegheny County Coalition for Recovery  
Education Committee:  
Minutes  
6-20-2017**

---

**Co-Chair(s):** K.P.; Tacia Brentley

**Note taker:** Robert Rochelle

**Attendees:** Bill Boyce; Terri Winaught; Tanasia Lantry; Mac ???; Sabrina Bivins

---

**Brief announcements:**

- Remnider that we our hosting the CEC Day on 6-29-17. Anyone who can attend is encouraged to do so.

**Thursday June 29, 2017**

**8:30 – 4:30**

**DHS 1 Smithfield St., Homestead Grays Room**

**4 hr Ethics training and Discussion about the PCB**

---

**Agenda Item:** Recovery 101

**Committee Goal Being Addressed:** Discussion

**Discussion:**

\*We are looking at maybe doing some scenarios to show the opposite of the principal:

<b>Hope</b>	<b>K.P.</b>	<b>Will get</b>
<b>Person Driven</b>	<b>K.P.</b>	<b>Will get</b>
<b>Many Pathways</b>	<b>Mustafa</b>	<b>Done</b>
<b>Holistic</b>	<b>Tacia</b>	<b>Done – needs scenerio</b>
<b>Peer Support</b>	<b>Bill</b>	<b>Done</b>
<b>Relational</b>	<b>Tacia</b>	<b>Done – needs scenerio</b>
<b>Culture</b>	<b>Mustafa</b>	<b>Done</b>
<b>Addresses Trauma</b>	<b>Terri</b>	<b>Done – needs scenerio</b>
<b>Strengths/Responsibility</b>	<b>Bill</b>	<b>Done</b>
<b>Respect</b>	<b>Rob</b>	<b>Done</b>

8 dimensions of wellness – leave the slide the same. Have a discussion about how each dimension may effect one's wellness. Having a leading point for each dimension.

Role of Mental Health worker's – do a discussion about this and hope.

Your role cont.d – Words matter keep slide the same. Add some examples of this from K.P.'s other training. Also, add a line about documentation – using person first language.

In closing maybe give example of Case Studies {Recovery in Action}. Things to Remember

Exercise: everyone to focus on “low functioning” for the next meeting.

<b>Action Item</b>	<b>Person Responsible</b>	<b>Target Date</b>
Each member to think about “low functioning”.	Everyone	07/18/17

**Next Meeting:**

**July 18, 2017**  
**Mercy Behavioral Health**  
**330 S. Ninth Street**  
**12:30-2:00**