

# **Allegheny County Coalition for Recovery**

## **Quality Committee**

### **Minutes**

**January 5, 2017**

**Present:** Lacey Agresta, Jenn House, Saralynn Kramm, Anthony Lucas, Christopher Shepherd, Jess Williams

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#### **I. Welcome and Introductions**

Room 1373 CCBHO, Pittsburgh PA 11:30-1:00 pm

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#### **II. Review Minutes from December 2017**

First Motion: Christopher Shepherd, Second Motion: Lacey Agresta  
Minutes Accepted

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#### **III. Announcements**

##### **a. Announcements from Committee members**

There will be activist activities relating to April 17 Capital Day in Harrisburg, more information to come. Volunteers are needed to plan the Recovery Walk 2018.

##### **b. Steering Committee updates**

No Steering Committee meeting was held. Deb Ferraro will be stepping down as Provider Chair after the January 2018 meeting.

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#### **IV. First Responders Project**

##### **a. Updates on Poster/Next Steps**

ACHI provided framing of the posters. Jess Williams spoke with some contacts at City of Pittsburgh Council concerning some form of proclamation in recognition of first responders. The idea was well received and still viable.

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#### **V. Thinking forward to Next Project**

##### **a. Expansion/Same Theme**

Anthony Lucas reminded the QI committee of the 3 Strategic Goals as determined by the Steering Committee. Which are approximately, a. To expand awareness of ACCR, b. to attract and retain members and c. to improve internal communications and function. Christopher Shepherd also noted later in the meeting that the results of the CART survey, commissioned by the Steering Committee, showed that providers would like to see more trainings from ACCR. Expansion of the same theme, recognition of the work of first responders, could be some form of award for excellence. There could be some form of application or nomination process. It was noted that we are not experts in the field of first responding. Jess Williams suggested that the QI committee reach out to some professionals for their opinions. The QI Committee could ask what it may do which may be helpful as well as what makes an excellent first responder.

**b. Collaboration with another committee**

Two potential partnerships with ACCR are with the Collaborative for Recovery Dialogues or the Child and Family Committee.

**i. Dialogue?**

The dialogue could bring together first responders, people who have received Narcan and recovered from substance use disorder and mental health professionals. Members of the QI Committee have participated in two types of dialogues. One was a video conference on a topic where Doctors and other professionals gave their views on a subject. The dialogue was videotaped for distribution to a larger audience. The QI Committee could do something similar. Some form of video could be produced, similar to the work of the Public Awareness Committee, where people who fit the criteria are interviewed and recorded. The video could then be edited for training purposes within Allegheny County for any interested parties. The other type of dialogue was between Doctors and those with a mental health diagnosis, who shared their experiences on a variety of topics. Perhaps 5 medical professionals and 10 mental health consumers were in attendance. Those in attendance shared their views and gave insight based upon their experiences. This type of dialogue's effectiveness is limited by the small number of people in attendance.

**ii. Other Ideas**

The other discussed potential collaboration within ACCR would be to collaborate with the Child and Family Committee. A potential project could focus on the children of addicts. These children face issues including stigma, bullying and shame. A document could be produced by the QI Committee for distribution into schools.

**Next Meeting: Friday February 2, 2017 from 11:30 am- 1:00 pm  
Room 1373 CCBHO, 339 Sixth Avenue, Pittsburgh, PA**

**Thank You**