

# **ALLEGHENY COUNTY COALITION FOR RECOVERY**

(Child and Family)

**Minutes**

**12-19-2017**

**Co-Chairs:** Kelly DiNapoli

**Advisor:** Carsten Thomas

**Recorder:** Samuel Barkowitz

**Attendees (in bold) from: 12/19/2017**

**Samuel Barkowitz - Recorder, Eric Forsythe - OBH, Paul Barkowitz- Parent, Pam Dotson - Community Care, Carsten Tomas - Advisor, Theresia Gray, Mike Gruber – OBH/DHS, Deb Ferraro – PLEA, Julie Trbovich – NAMI, Nicole Campbell – Youth, Kelly Dinapoli – HSAO/C-Chair, Paul Freund – CART, Melissanne Myers, Alicia McAllisterm, Danyelle Hooks – OBH , Shadena Higgens – , Jessica Marcum – NAMI, Killi Eckel – , Ana Radovic – CHP, David Muelolbauer – DHS – YSP, Caprice King – AFN, Daeshawn Covington – ,**

## **Agenda Item: Reintroductions: – Minutes –**

1. Reintroducing Caprice King

## **Agenda Item: Standing Items: – Minutes –**

1. Steering Committee Updates
  - a. Steering committee wants to be transparent
    - i. They are willing to have people observe the meetings, so long as they are only there to observe
    - ii. They do not want observers to participate
    - iii. This option is specifically for people who are not currently in a co-chair position for any ACCR committee or sub-committee
  - b. Steering committee is looking for people to join

## 2. Local Conferences Attendance

### a. Early Childhood Extravaganza

- i. Called contact, but did not receive a response

## 3. Newsletter

### a. Send newsletter articles to Kelly Dinapoli or Charlene Saner

- b. Carsten might have a single story or multiple stories for the article.

## 4. Project LAUNCH

### a. Had a discussion with Mikeda

- i. Mikeda will come to next month's meeting

### b. Went over several details about the ideas for the sub-committee's posters

- i. One idea was suggested to create a shot comic to get the point across.
- ii. Went over suggested comic images that were originally used to think up the idea

### c. Watched a video that used a similar idea

### d. Want to integrate the idea that a health checkup should also include a mental checkup

### e. Went over several ideas on what to do after the posters are launched

- i. Lunch and learn
- ii. Need volunteers

**Agenda Item: New Items: – Minutes –**

1. Wellness Checklist

- a. Deb proceeded to update the wellness checklist
  - i. Passed out a copy of the updated wellness checklist, where it was examined and talked about during the meeting.
  - ii. If needed, Deb can send it out via email
- b. Went over more ideas to enrich the checklist
- c. Tried to reword checklist, to make it more thought provoking, rather than a checklist
- d. Went over several ideas to add on a “what to do next” to the end of the checklist
- e. Deb will work on updating list and will email it to Kelly

**Agenda Item: Updates: – Minutes –**

1. ACCR giveaways

- i. Completed glider planes

- **Next scheduled meeting is on 01-09-2018 begins at 10:30 AM at Panera Bread**

**Address:  
Panera Bread  
3401 Blvd Of The Allies  
Pittsburgh, PA 15213**

## Committee Members Contacts

Name	Agency	Phone#	Email
Kelly Dinapoli	HSAO	(412)942-0798	<a href="mailto:kdinapoli@hsao.org">kdinapoli@hsao.org</a>
Paul Barkowitz	Parent	(412)276-1557	<a href="mailto:paulbark@gmail.com">paulbark@gmail.com</a>
Wendy O'Brian	Pressley Ridge	(412)651-5376	<a href="mailto:wobrian@pressleyridge.org">wobrian@pressleyridge.org</a>
Carsten Thomas	Advisor	(412)712-4678	<a href="mailto:carstenthomas20@gmail.com">carstenthomas20@gmail.com</a>
Mike Gruber	OBH	(412)350-4271	<a href="mailto:Michael.Gruber@allegHENYcounty.us">Michael.Gruber@allegHENYcounty.us</a>
Theresia Gray	-	(412)932-3552	<a href="mailto:tappergray@gmail.com">tappergray@gmail.com</a>
Kiersten Parker	Youth	(412)418-8149	<a href="mailto:Parkerkiersten@yahoo.com">Parkerkiersten@yahoo.com</a>
Samuel Barkowitz	Minute Taker	(412)414-5720	<a href="mailto:samdapiper@gmail.com">samdapiper@gmail.com</a>
Eric Forsythe	OBH	(412)350-3448	<a href="mailto:eric.Forsythe@allegHENYcounty.us">eric.Forsythe@allegHENYcounty.us</a>
Deb Ferrano	PLEA	(412)243-3464	<a href="mailto:df@plea-agency.org">df@plea-agency.org</a>
Julie Trbovich	NAMI	(412)366-3788	<a href="mailto:julietrbovich73@gmail.com">julietrbovich73@gmail.com</a>
RaeAnn Taylor	Comu. Care	(412)953-8532	<a href="mailto:taylorrm@upmc.edu">taylorrm@upmc.edu</a>
Pam Dotson	Comu. Care	(412)402-8794	<a href="mailto:dotsonpm@ccbh.com">dotsonpm@ccbh.com</a>
Steven Hayes	-	(412)609-3167	<a href="mailto:graywolff791@gmail.com">graywolff791@gmail.com</a>
Nicole Campbell	Youth	(412)855-7820	<a href="mailto:Niccampbell43@gmail.com">Niccampbell43@gmail.com</a>
Paul Freund	CART	(412)348-0126	<a href="mailto:pfreund@cartallegHENY.org">pfreund@cartallegHENY.org</a>
Melissanne Myers	-	(412)325-1100 Ext.7757	<a href="mailto:mmyers@ahci.org">mmyers@ahci.org</a>
Alicia McAllister	-	-	<a href="mailto:Alicia.mcallister@allegHENYcounty.us">Alicia.mcallister@allegHENYcounty.us</a>
Danyelle Hooks	OBH	(412)350-3455	<a href="mailto:Danyelle.hooks@allegHENYcounty.us">Danyelle.hooks@allegHENYcounty.us</a>
Shadena Higgens	AFN	(412)414-9193	<a href="mailto:Shiggens@AlleghenyFamilyNetwork.org">Shiggens@AlleghenyFamilyNetwork.org</a>
Jessica Marcrum	NAMI	(412)366-3788	<a href="mailto:JLM410@pitt.edu">JLM410@pitt.edu</a>
KimEckel	-	(412)439-0466	<a href="mailto:Kimberly.eckel@allegHENYcounty.us">Kimberly.eckel@allegHENYcounty.us</a>
Ana Radovic	CHP	(440)554-5275	<a href="mailto:Ana.radovic@chp.edu">Ana.radovic@chp.edu</a>
David Muelilbauer	DHS-YSP	(412)853-3383	<a href="mailto:David.Muelilbauer@allegHNEYcounty.us">David.Muelilbauer@allegHNEYcounty.us</a>
Caprice King	AFN	(412)225-2023	<a href="mailto:cKing@allegHENYfamilynetwork.org">cKing@allegHENYfamilynetwork.org</a>

Daeshawn Covington		(412)515-4895	<a href="mailto:Covingtondaeshawn@yahoo.com">Covingtondaeshawn@yahoo.com</a>